

Coachinfo: Warming up from: 07:30 untill 08:45. **Teamleadmeeting @** **The listed starttimes are indicative!**

Coaches: Backs Hubert

Coaches: Nuytten Stefanie HEADCOACH

Coaches: Desmet Carl

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September**

[illegible]

Coach feedback:

[illegible]

Coach feedback:

OBC 25M 2025: Session: 3: COACH evaluation sheet for TEAM: TZT

Event number: 19: 200M BUTTERFLY MEN							Heat:1, starttime: 09:55	
Heat: 1/4 Lane : 4 Athlete: FRANÇOIS WOUT							Q-time: 02:15:89	
PB (25m pool): 2:15.89 Gent 10 Nov 2024				PB (50m pool): 2:17.53 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		30.56		1:05.31		1:40.62		2:15.89
	30.56		34.75		35.31		35.27	
								

Coach feedback:

Event number: 20: 200M FREESTYLE WOMEN							Heat:2, starttime: 10:10	
Heat: 2/4 Lane : 6 Athlete: LAMMENS MARY							Q-time: 02:06:37	
PB (25m pool): 2:06.37 Gent 23 Feb 2025				PB (50m pool): 2:09.04 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		29.19		1:01.21		1:34.32		2:06.37
	29.19		32.2		33.11		32.5	
								

Coach feedback:

Event number: 20: 200M FREESTYLE WOMEN							Heat:4, starttime: 10:15	
Heat: 4/4 Lane : 8 Athlete: DESMET LIEZE							Q-time: 02:08:48	
PB (25m pool): 2:08.48 Gent 23 Feb 2025				PB (50m pool): 2:12.30 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		29.92		1:01.84		1:34.81		2:08.48
	29.92		31.92		32.97		33.67	
								

Coach feedback:

Event number: 21: 50M BREASTSTROKE MEN							Heat:2, starttime: 10:20	
Heat: 2/8 Lane : 6 Athlete: FRANÇOIS WOUT							Q-time: 00:31:54	
PB (25m pool): 31.54 Diksmuide 11 Oct 2025							PB (50m pool): 31.86 SB:	
PB	2 5 M		5 0 M					
			31.54					
			31.54					
								

Coach feedback:

OBC 25M 2025: Session: 3: COACH evaluation sheet for TEAM: TZT

Event number: 21: 50M BREASTSTROKE MEN										Heat:6, starttime: 10:25	
Heat: 6/8 Lane : 4 Athlete: HUYGHELIER LOEK										Q-time: 00:27:71	
PB (25m pool): 27.47 Rotterdam (NED) 24 Oct 2025										PB (50m pool): 28.49 SB:	
	2 5 M		5 0 M								
PB			27.47								
	27.47										
											

Coach feedback:

Event number: 23: 200M MEDLEY MEN						Heat:1, starttime: 10:40		
Heat: 1/4 Lane : 5 Athlete: FRANÇOIS WOUT						Q-time: 02:14:70		
PB (25m pool): 2:14.70 Diksmuide 12 Oct 2025			PB (50m pool): 2:17.87 SB:					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		29.31		1:03.78		1:42.51		2:14.70
	29.31		34.47		38.73		32.19	
								

Coach feedback:

Event number: 23: 200M MEDLEY MEN						Heat:2, starttime: 10:40		
Heat: 2/4 Lane : 3 Athlete: CLAERHOUT BAS						Q-time: 02:06:31		
PB (25m pool): 2:04.77 Sint-Amandsberg 19 Oct 2025			PB (50m pool): 2:08.82 SB:					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		26.99		59.54		1:36.69		2:04.77
	26.99		32.55		37.15		28.8	
								

Coach feedback:

Event number: 24: 50M BUTTERFLY WOMEN										Heat:3, starttime: 10:50	
Heat: 3/6 Lane : 6 Athlete: DESMET LIEZE										Q-time: 00:29:47	
PB (25m pool): 29.47 Diksmuide 11 Oct 2025					PB (50m pool): 29.04 SB:						
PB	2 5 M		5 0 M								
			29.47								
			29.47								
											

Coach feedback:

OBC 25M 2025: Session: 3: COACH evaluation sheet for TEAM: Tzt

Event number: 24: 50M BUTTERFLY WOMEN					Heat:4, starttime: 10:55
Heat: 4/6 Lane : 7 Athlete: DE BRUYCKER CHLOë					Q-time: 00:28:96
PB (25m pool): 29.56 Gent 10 Nov 2024					PB (50m pool): 28.96 SB:
	2 5 M	5 0 M			
PB		29.56			
	29.56				
					

Coach feedback:

Event number: 25: 100M FREESTYLE MEN					Heat:7, starttime: 11:05
Heat: 7/9 Lane : 4 Athlete: WAERNIERS BERE					Q-time: 00:49:63
PB (25m pool): 49.63 Aachen (GER) 12 Oct 2025					PB (50m pool): 50.37 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		23.91		49.63	
	23.91		25.72		
					

Coach feedback:

Event number: 25: 100M FREESTYLE MEN					Heat:7, starttime: 11:05
Heat: 7/9 Lane : 8 Athlete: HUYGHELIER LOEK					Q-time: 00:51:91
PB (25m pool): 51.91 Eeklo 21 Sep 2025					PB (50m pool): 55.43 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		25.04		51.91	
	25.04		26.87		
					

Coach feedback:

Event number: 27: 4x50M FREESTYLE MIXED							Heat:2, starttime: 11:10	
Heat: 2/2 Lane : 6 Athlete: TEAM Tzt 3							Q-time: 01:41:66	
PB (25m pool):			PB (50m pool): No time SB:					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: